

What's Happening!

Volume 4 Number 5

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“The more you try to be interested in other people, the more you find out about yourself” - Thea Astely

Hours of Operation

- Monday—Thursday
7:45 am— 8:00 pm
- Friday
7:45 am—5:00 pm
- **Testing Hours:**
- Monday—Thursday
8:00 am—7:30 pm
- Friday
8:00 am—4:30 pm

Food for Thought

1. **Garlic**— Lowers blood pressure



2. **Onion** — Boosts good cholesterol (HDL)



3. **Broccoli**— Contains high amounts of vitamins C and A for good health



4. **Peppers**—Reduces headaches, and respiratory illness



5. **Apples** — maintain a steady blood sugar level



6. **Peanuts** – contains B6 for serotonin production



7. **Eggs**—plays a role in aiding memory



Information for You

CCLINC Card Catalog



Community College Libraries in North Carolina (CCLINC) is the online catalog for materials in the LRC that are available for checkout.

You can search for material on both campuses by selecting **Rowan Libraries** from the drop down menu in the library selection box.

You can also search **ALL** libraries to check the 40 other community college LRCs that share this database. If you locate a book title that you would like to borrow from any LRC on the list, you may place a “Hold” on the title by selecting **Place Hold** to the left of the screen and entering your barcode from your library card and PIN numbers (last four digits of your social security number) in the places indicated. The book will be sent to the North or South campus for check out in approximately five days.

Most LRCs do not allow their AV to circulate - this includes your LRC. If you need to use AV in your classroom for a presentation, you may ask the LRC personnel to hold the item for you to use on the day of your presentation.

You can also find how many items you have borrowed and when they are due by selecting **My Account**. You will need your barcode number and PIN number. You may renew your items by choosing **Renew My Materials**. **Remember** that you must renew items before the due date.



Under Construction



The Learning Resource Center on South campus will begin renovation this semester. It may be a little crowded for a while, but the end result will be well worth it!! The LRC will add a copy center area, a student production center (where students can work on class presentations), two study rooms, a larger testing center, a new computer room (with 28 computers!), a testing center office for the ATC Coordinator, and a reference/computer assistant office. There will also be an addition of an AV Room to house materials for faculty.