

Identifying Your Career Options	What is a good career for me? This is a question all new career seekers are challenged with. This workshop is designed to help begin your career development process by identifying your career needs. The workshop includes a career interest inventory given at the beginning of the workshop, with results given at the conclusion.
Interview Techniques	The interview is fast approaching and you are not sure what to do? Come to this workshop to learn how to prepare for interviews and, most importantly, how to interview successfully. If you need help with interviews, you won't want to miss this one!
Is it Time for More Training?	This workshop examines your career goals, current work search, and basic career needs to help you determine if returning to training is recommended.
Job Seeking for Veterans	This workshop will teach you to use your veteran status to your advantage when seeking work. Learn about veteran preference points and companies that must actively recruit veterans and veterans with disabilities.
JobsNOW: 12 in 6 Program	"JobsNOW 12-in-6" initiative is a program designed to address the need to quickly train workers to re-enter the job market in fields that are in-demand locally and across the state. The program will target 12 occupational areas a worker can be trained in from one week to six months. Attend this workshop to learn more about the JobsNOW initiative and what your next step should be!
Letter Writing for the Job Seeker	This workshop is crucial for job seekers in preparing well written, clear, and concise letters to communicate their qualifications to employers. The workshop will include cover letters, thank-you letters/notes, follow-up letters, and prospecting letters. Don't miss this opportunity to learn how to effectively correspond with employers!
Looking for Work at 50+	Never thought you would need to look for a job again? Changing careers in mid-life? You will not want to miss this workshop which addresses specific concerns of being over 50 and looking for work. Topics include concerns about age perception; looking for a job in today's workplace; promoting yourself to employers; and, ways to build your confidence as you search for your next position.
Looking for Work With a Criminal Record	This workshop will involve a discussion of how a criminal record can impact your work search. You will leave with some advice and recommendations on how to minimize this barrier to employment.
New Client Launch	New Client Launch is an orientation program offered for persons wanting to take advantage of the R ³ Center workshops, individual career counseling and other services.
Online Job Hunting UPDATED	Are you confused about how to send your resume to an employer over the Internet? Do online job applications throw you for a loop? Do you know where to go on the Internet to look for a job? If any of these situations apply to you, then you need to sign up for this workshop. With online job hunting here to stay, you owe it to yourself to attend. This workshop now includes social networking sites such as Twitter, Facebook, and Linked-in.
Resume Clinic	The "doctor" is in to help you with your resume needs! Don't let this opportunity pass to get help with the foundation of a successful job search—your resume. Join us for this popular and beneficial workshop!
Stand Out and Network	This workshop is designed to give you new and innovative ideas for your work search. It focuses on different ways to separate you from the competition. Come and learn how to stand up and network into the hidden job market. <i>This workshop is a combination of Stand Out from the Competition and It's Not Who You Know, It's Who You Meet.</i>
The ABC's of Computer Usage	This course is for people who have very little or no experience with computers. It covers using the mouse, some vocabulary for the computer, a few operations like minimizing and maximizing the screen, and a few basics in word processing. If you need help in starting to use a computer, this workshop is for you!